



The Parish Builder

ST. LUKE'S LUTHERAN CHURCH - 5150 WILSON ST. LA MESA, CA 91942
www.st-lukes-la-mesa.org

July 2011
Volume 11 Issue 7
Monthly Newsletter

We invite you to join St. Luke's Lutheran Church

Please contact Judy in the office to discuss membership or to arrange an appointment with the pastor:
619-463-6633 or office-sllc@att.net

Office hours are:
Monday - Friday, 8:00 a.m. - 5:00 p.m.

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We would really like to keep in touch with you. If you haven't already given us your email address, it's as easy as sending St. Luke's an email with the subject line stating "Include Me". This way you won't miss out on the updates and reminders of things going on presently and in the future.

Genuinely Lutheran or Generally Religious?

Philosophers and scholars of religion often describe human beings as *homo religiosus*, i.e. being fundamentally religious. This designation is curious, if for no other reason, that scholars are not very certain of the linguistic origins of term "religion." How can something seemingly so pervasive in human culture be so imprecisely defined?

Some think that the word "religion" comes from the Latin "*religio*" (meaning to have respect for what is sacred, to have reverence for the gods). Others point to the Latin term "*relegare*" (meaning to go through again, to read again, from re- "again" + *legere* "read"). Still others associate it with *religare* (meaning to bind fast as in "rely," i.e. to place an obligation on or to have a bond between humans and gods). Taken together, somewhat cynically, perhaps religion just means having superstitious deference to powers greater than oneself which, despite one's repeated attempts at relationship, inevitably leave one in a bind.

Theologically, that glib comment is not as frivolous or as vacuous as it might appear. Religion involves a relationship to some real or perceived greater power over which human beings do not have but would like some control. Human beings repeatedly do things or repeatedly read things in the hope of appeasing or pleasing or knowing such powers. Finally, there is the real or perceived threat that if human beings do not bind themselves or allow themselves to be bound to a god (loyalty), then that god/those gods will react either with wrath or with rejection.

What is, then, is a *homo religiosus* to do? Generally, one keeps doing the same thing, seeking a different and hopefully better result. That sounds remarkably like

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street definition of insanity, i.e. doing the same thing over and over again hoping for a different result? Does that mean that religion might be a sign of insanity? Many so-called atheists would concur.

Luther had an interesting perspective on religion. In relation to the various descriptions above, religion is without exception a matter of legalistic rites, rituals, and requirements which human beings need repeatedly to fulfill in order to win favour with their god(s). Thus, law is the basis of religion, and in turn religion helps instill legalistic obedience in its adherents. Religion and law become a vicious circle (or more fitting in German, a “devil’s circle”) from which there is no escape and thus no hope of salvation. Religion as law and law as religion are literally and spiritually a dead end. Consequently, whoever attempts to challenge religious law will eventually be threatened or even destroyed by it, paradoxically, in the name of God.

For Luther, in contrast, the one true God works differently. Over against the legal might of the world’s great religions stands one man who was condemned and crucified under the law but raised from the dead by the power of God. As St. Paul writes, “For Christ is the end of the law so that everyone who believes may be justified” (Romans 10:4). If Christ is the end of the law, then Christ is also the end of religion.

Wait a minute! What kind of statement is that? It is simply good news (gospel). It is the gospel (evangelical) truth. It is the good news that Jesus Christ has done once and for all what humanity in all its incessantly failed, religious attempts could not and can never do, namely reconcile sinners to God. God’s free gift of justifying faith through Christ alone trumps all human attempts religiously to win God’s favour.

This gospel message reigns victorious over the law and the self-righteousness which human religiosity engenders.

For Luther and the other reformers, differentiating properly between law and gospel was the key to Christian teaching and preaching and life. Religiously serving the law leads to sin and death. In contrast, only the gospel purely taught and preached leads to faith alone in Jesus Christ by which sinners are justified. In faith, the *homo religiosus* becomes the *homo justificatus*.

Unfortunately today, most of modern Protestantism, and much of modern Lutheranism, has abandoned the pure proclamation of the gospel, i.e. being “genuinely Lutheran,” in order to appeal to the fancies of the sinful *homo religiosus* through all manner of entrepreneurial rather than evangelical ways. In other words, today the human problem rather than the divine solution guides the mission of most churches.

So, are we to be like so many others? Are we to be generally religious or genuinely Lutheran? Are we to bind ourselves religiously to the law, or are we ready to be liberated from the powers of sin and death by the gospel of Jesus Christ? Let us pray that we will hear and heed God’s call to teach, preach, and live as *homo justificatus* through faith alone by grace alone via the word alone, *solī Deo gloria*.

WOMEN OF ST. LUKE'S

WSL has been very busy doing God's work in our community. Our Project Day Ladies have sewn 15 or so quilts, I may be off by one or two. One was auctioned off during the Mothers 'n Others Luncheon. Many of us try each year to win a quilt but most of us just try. Can you believe we are six months into 2011? Where has the time gone?

Many thanks to all who had a hand in making this Mothers 'n Others event a success. Our chair and co chair, Darcy Barghols and Shirley Carrington respectfully, were able to see the event through. In spite of the fact that many of our board members were out of town. The rest of the board came through to make the day successful.

Our speaker Michele Gennaro, a true teacher of the Bible kept everyone enthralled with her lesson. The Gennaro family are true followers of God, who will teach God's Word in Lesotho, Africa for the next ten years. By the way, Michele is Maureen Borchardt's niece.

The men of our church came through as always and assisted us serving the desserts and cleanup. Thank you to the following gentlemen, Richard Applegate, Cal Borchardt, Dick Denton, Chuck Hersom, Gene Knippelmeyer and last but not least, Pastor Mark. We truly appreciate you.

Liz Dunnigan our in-house decorator came through once again. Her table decorations were simple and lovely, she certainly has the knack to turn something blah into a WOW! Thank you Liz.

The congregation came through once again to help WSL collect food items for the children who attend Avondale Elementary School in Spring Valley.

We were able to have enough food to send to the homes of the poorest families. We will try to help again in the fall. Thank you so very much for your help, it was very much appreciated. Chuck and I delivered a lot of food to the school.

Cathie Floegel and her committee are working on a Women and Girls (12and up) Retreat in October . It will be the first we have had for a number of years. The planning is well on its way and we are excited. Our retreat is a one day event complete with a Bible study presented by Heidi Fowler. I can tell you the date, so that you can put it on your calendar, then watch for the different announcements. Save Saturday, October 22, 2011. More to come. Peace.

TREASURER NOTES

St. Luke's Financial statement is located in the Library for inspection by anyone wishing to view it.

Terry East

Treasurer

HEIFER INTERNATIONAL

.....AT WORK IN KENYA, RWANDA AND UGANDA. Heifer's East Africa Dairy Development Project (EADD), Heifer's largest to date, made possible through a \$42.8 million grant from the Bill and Melinda Gates Foundation, is restructuring and growing the dairy industry in Kenya, Rwanda and Uganda. Heifer is the lead nongovernmental organization on the project, working with 180,000-plus farmers. While Heifer provides training and facilitates connections, it is the farmers who are making this project such a success.

Agnes Luweesi, in Uganda, runs a milk collection business. She's also the treasurer of a Live-stock Farmers' Cooperative Society that is part of Heifer's EADD project. Two times a day farmers

bring their milk to her. She checks the quality and strains the milk into aluminum cans. Her husband loads the cans onto his motorbike and delivers the raw milk to a dairy processor, who will pasteurize and package it for sale.

Heifer's ACCOUNTABILITY and SHARING AND CARING cornerstones come through strongly in this project. Enormous trust is needed for these cooperatives to work. Many farmers join EADD cooperatives when they see how much belonging can benefit them in the long term. This is how an industry grows, and how Heifer's impact spreads.

.....AT WORK THROUGH CHICKENS. Chickens are a great choice for families round the world because they are easy to keep and their eggs are a reliable protein source. Have you thought of giving a flock of chicks as a birthday gift to a grandchild?.....or to a friend? It's easy to do, and the recipient will probably be thrilled. Some parts of San Diego County allow chickens in yards. There are some new options as to what kind of chicken: Ameraucanas have pretty blue-green eggs. Then there is the luxurious, long-feathered Silkie. For more information, go to www.backyardchickens.com

.....AT WORK THROUGH THE HEIFER QUARTER BANK. The Quarter Bank in the narthex will always "accept" any extra quarters you may have!! When it's full we have another approximately \$100 to send to HEIFER INTERNATIONAL!!

OUR ONGOING OUTREACH

HOMELESS TEASURES:

We are again listing rummage sale items requested for the

FIRST ANNUAL RUMMAGE SALE TO BENEFIT TACO

Date: Saturday, August 20
Location: Clairemont Lutheran Church

Clothing	Jewelry
Tools	Collectibles
Electronics	Art
Small Appliances	Plants
Linens	Books and Records
Toys and Games	Sporting Goods
Indoor/Outdoor	Holiday Decorations
Household Items	Furniture & Décor

Please call Martha Applegate if you have something to contribute and it needs to be picked up. Also, if you might be available to sort, price, or work at the sale, let her know at 465-6005.

Another date to remember: TACO's Fall Fund-raiser has a new name and new location. This year TACO's "Bread Upon the Water" (formerly Sunset by the Sea) will be on Saturday, September 24, from 5:00 p.m. – 8:00 p.m. at the Southwestern Yacht Club. More details will be available soon!

Many thanks to all who helped serve the homeless on May 23: **Marie Handley, Cathie Floegel, Randy Engel, Marge Carlson, and Martha Applegate**. Our next serving date is August 8.

JUST A REMINDER: Your Outreach Committee is currently collecting items for Lutheran Border Concerns Ministry:

COOKING OIL	BEANS
FLOUR	LAUNDRY
RICE	SOAP

Please put your contribution in the Red Flyer Wagon in the Narthex.

PARISH POTPOURRI

St. LUKE'S 2011 GRADUATES (representing various levels of education)

JASON PHILLIPS, grandson of Loraine Winger, from San Francisco State University, with a bachelor's degree in English Literature

ALLISON BARGHOLS BRUFLAT, daughter of Darcy and Doug Barghols, from San Diego Christian College with a Bachelor of Science degree in Health Science, along with a secondary teaching credential

JACOB STEINERT, grandson of Martha Barrer, from Valhalla High School, will attend Cal Poly, Pomona, majoring in Aerospace Engineering. Jacob also has just received his Eagle Scout award

DANIKA WELSCH, granddaughter of Martha Barrer, from Parkway Middle School

CAMERON GORDON, grandson of Bev Whitcomb, from Antelope High School, Antelope, CA, will attend Sacramento State University

BENJAMIN DULL, grandnephew of Bev Whitcomb, from California Lutheran High School, Wildomar, CA, he will attend Martin Luther College, New Ulm, MN by the Music Merit Foundation. Winners were announced at a special concert on June 5 -- **KERRI CALDWELL** won first place in the vocal division!!! Congratulations!!.....Mark your calendars for this event: **TORI HAUK**, accompanied by **SUE CALDWELL**, will be giving a flute concert at St. Luke's on Sunday afternoon, August 14. The time will be announced later.

THERE WAS A MISTAKE.....in the Ranch Dressing recipe given in the May issue of the Builder. The first ingredient listed is: 1 qt. salad dressing. **SCRATCH THAT!!**

It should be: 1 qt. mayonnaise. (It makes a difference; sorry about that!)

The wise old owl sat in an oak.
The more he said, the less he spoke.
The less he spoke, the more he heard.
Why can't we all be like this bird?

(submitted by **Marge Henkel**)

WEDNESDAY NIGHT LIVE BIBLE STUDY

Once we reassemble, we will spend about 3-4 more weeks finishing "The Seven Churches in the book of Revelation". How much detail God has provided about His Church is absolutely amazing. Then, we start Ch. 4, where we will enter "The Throne room of Heaven". We will find some of the most miss-understood prophecies in Daniels visions being fulfilled. Adding a greater understanding of the prophecy for everyone who attends. Jesus himself pointed directly to this prophecy in the Gospels. As usual, it will be informative and exciting to learn. Not to mention the great meal prior to the Bible Study.

We all hope to see you there.

Mike Logsdon

VACATION BIBLE SCHOOL

Mark your calendars.

Monday July 25th—29th

Time: 5-8 pm

St. Luke's invites you to Vacation Bible School. The theme this year will be:

Hometown Nazareth - Where Jesus was a Kid - Before there was a cross...there was a boy.

This summer, explore Jesus' childhood through the eyes of his mother, Mary...

La Mesa Flag Day Parade



NEED A BOOK ON THE PLANE?

Your Library Committee has a recommendation: Did you know Rick Steves is a Lutheran? Well, your library committee has a good read for you, if you are about to embark on a long flight. His book is about the political and religious experiences and his respect while visiting other countries. *Rick Steve's Travel as a Political Act*. He mentions at the beginning of the book that he is Lutheran and that we all see the world through different filters -- one of his is, his Lutheran background. But then he goes into his travels and how he used to see the world, but how he sees it now due to his many years of travel that have opened his eyes to various cultures and religions. He also commentates on how other people see the United States government and its people. *Karen Skullerud* Just a small footnote: Rick Steves is also a big supporter of "Bread for the World" and gives a percentage of his books, DVDs, etc. to that organization.

Darcy Barghols

ANNUAL CHURCH PICNIC

This year the theme is "Country Fair".

Date: August 21, 2011

Where: St. Luke's Campus

Time: 11.00 am

Bring family, friends, neighbors. A good time will be had by all!!!!



**HAPPY JULY
BIRTHDAY**
to you....

Martha Applegate

Judi Dunnigan

Phyllis Fowler

Geniene Logsdon

Sarah Scott



DID YOU KNOW!

Our monthly newsletter is printed FREE because of generous people / companies that advertise. It is true, and we need to let these generous people know that we appreciate them. If you are in need of home care services...

PLEASE CALL and THANK

AVALON HOME CARE
390 Oak Ave. Suite B
Carlsbad, CA 92008
1 (800) 723-4197

*Make sure you tell them
you heard about them from
our Newsletter!*

JULY WORSHIP TEXT

3rd Time After Pentecost

First Lesson—Zechariah 9: 9-12
Second Lesson—Romans 7: 15-25a
Gospel—Matthew 11: 16-19, 25-30

10th Time After Pentecost

First Lesson—Isaiah 55: 10-13
Second Lesson—Romans 8: 1-11
Gospel—Matthew 13: 1-9, 18-23

17th Time After Pentecost

First Lesson—Isaiah 44: 6-8
Second Lesson—Romans 8: 12-25
Gospel—Matthew 13: 24-30, 36-43

24th Time After Pentecost

First Lesson—1 Kings 3: 5-12
Second lesson—Romans 8: 26-39
Gospel—Matthew 13: 31-33, 44-52

31st Time After Pentecost

First Lesson—Isaiah 55: 1-5
Second lesson—Romans 9: 1-5
Gospel—Matthew 14: 13-21

MEMORIAL GIFTS

Donna Bohnsack Memorial

Glen Bohnsack

PARISH BUILDER ARTICLES

August 2011 articles,
due in the office by
July 15th

Thank you, Judy

JULY PRAYERS

	Scripture	Name Above All Names
1	Philippians 2: 6-11	<i>Jesus! Name of wondrous love,</i>
2	Exodus 3: 13-15	<i>Name all other names above,</i>
3	Isaiah 9: 6-7	<i>Unto which must every knee</i>
4	Matthew 1: 21-25	<i>Bow in deep humility.</i>
5	Proverbs 18: 10	
6	Acts 4: 5-12	<i>Jesus! Name of priceless worth</i>
7	Psalms 44: 4-8	<i>To the Fallen of the earth</i>
8	Luke 11: 1-4	<i>For the promise that it gave,</i>
9	Psalms 115:1-2	<i>“Jesus shall His people save.”</i>
10	Psalms 5: 11-12	
11	Exodus 20: 7	<i>Jesus! Name of mercy mild,</i>
12	Psalms 20: 7-8	<i>Given to the Holy child</i>
13	Isaiah 54:5	<i>When the cup of human woe</i>
14	John 1: 9-13	<i>First He tasted here below.</i>
15	Jeremiah 10: 6-7	
16	Psalms 72: 18-19	<i>Jesus! Only name that’s given</i>
17	2 Chronicles 7: 14-16	<i>Under all the mighty heaven</i>
18	John 14: 12-14	<i>Where by those to sin enslaved,</i>
19	John 12: 27-28	<i>Burst their fetters and are saved.</i>
20	Acts 2: 21	
21	Exodus 34: 14	<i>Jesus! Name of wondrous love,</i>
22	Matthew 18: 18-20	<i>Human name of God above;</i>
23	Psalms 8: 1-9	<i>Pleading only this, we flee</i>
24	Matthew 28: 16-20	<i>Helpless, O our God, to Thee.</i>
25	Psalms 86: 10-13	
26	Psalms 9: 1, 2, 9, 10	<i>Hymn 900 LBW—Verses 1, 3, 4, 5, 6</i>
27	John 16: 20-24	
28	Psalms 145: 1-7	
29	John 20: 30-31	
30	Psalms 99: 1-3	
31	Psalms 138: 1-2	

JULY WORSHIP TEAMS

	Reader Altar Guild Sound Technician	<i>Randy Engel JoAnn Hendrickson Ben Wilson</i>
3rd	Communion Assistant — Bread	<i>Lyle Swanson</i>
	Prayers of the People	<i>Pat Swanson</i>
	Projectionist	<i>Shirley Carrington</i>
	Communion Assistants — Wine	<i>Marilyn Burns & Loraine Wininger</i>
	Greeters	<i>Bonnie Fuller, Loraine Wininger</i>
	Usher Team	<i>Randy Engel</i>
	Acolytes	<i>Savannah Scott,</i>
10th	Communion Assistant—Bread	<i>Lyle Swanson</i>
	Prayers of the People	<i>Liz Dunnigan</i>
	Projectionist	<i>Roger Caldwell</i>
	Communion Assistants- Wine	<i>Bob & Bonnie Fuller</i>
	Greeters	<i>Chuck Volker and Bob Des Lauriers</i>
	Usher Team	<i>George Hauk</i>
	Acolytes	<i>Billy Miles, Liz Dunnigan</i>
17th	Communion Assistant— Bread	<i>Lyle Swanson</i>
	Prayers of the People	<i>George Moore</i>
	Projectionist	<i>Andy Killion</i>
	Communion Assistants — Wine	<i>Liz Dunnigan & Darcy Barghols</i>
	Greeters	<i>Bob & Marilyn Burns</i>
	Usher Team	<i>Shirley Carrington</i>
	Acolytes	<i>Billy Miles, Judi Dunnigan</i>
24th	Communion Assistant— Bread	<i>Shirley Carrington</i>
	Prayers of the People	<i>Pastor Mark Menacher</i>
	Projectionist	<i>Roger Caldwell</i>
	Communion Assistant — Wine	<i>Dawn Dolan & Marge Hersom</i>
	Greeters	<i>Darcy Barghols, Jim & Dawn Dolan</i>
	Usher Team	<i>Chuck Hersom</i>
	Acolytes	<i>Billy Miles, Liz Dunnigan</i>
31st	Communion Assistant— Bread	<i>Judi Dunnigan</i>
	Prayers of the People	<i>Martha Applegate</i>
	Projectionist	<i>Andy Killion</i>
	Communion Assistant — Wine	<i>Marge Bitter & George Moore</i>
	Greeters	<i>Marie Handley, Marge Henkel</i>
	Usher Team	<i>Randy Engel</i>
	Acolytes	<i>Savannah Scott, Grace Menacher</i>

JULY 2011

Sun	Mon	Tue	Wed	Thu	Fri	Sat
3 9:00 a.m. Worship Service 10:15 a.m. VBS Registration Lower Level	4 Staff Holiday In observance of Independence Day	5 8:00 a.m. Tai Chi Noon WSL 7:00 p.m. Parish Ed	6 9:00 a.m. Facility Mtg.	7 8:00 a.m. Tai Chi No Outreach mtg.	8 Noon Good Life	9 7:00 a.m. Men's Bible Study 9-10 a.m. Altar Guild
10 9:00 a.m. Worship Service	11 9:00 a.m. Counters Finance 5:30 p.m. Council 6:30 p.m.	12 8:00 a.m. Tai Chi 9:30 a.m. Project Day 7:00 p.m. Rebelah Cir.	13 8:30 a.m. Facility crew Noon Book Club	14 8:00 a.m. Tai Chi 10:00 a.m. Deborah Circle	15 5:00 p.m. <i>Deadline/</i> <i>PB Parish Builder</i>	16 7:00 a.m. Men's Bible Study 9-10 a.m. Altar Guild
17 9:00 a.m. Worship Service	18 9:00 a.m. Counters	19 8:00 a.m. Tai Chi	20 8:30 a.m. Facility crew	21 8:00 a.m. Tai Chi	22	23 7:00 a.m. Men's Bible Study 9-10 a.m. Altar Guild
24/31 9:00 a.m. Worship Service <i>24th—Qtly. Congre-</i> <i>gational mtg.</i>	25 9:00 a.m. Counters 5-8 p.m. VBS	26 8:00 a.m. Tai Chi 9:30 a.m. Project Day 5-8 p.m. VBS	27 8:30 a.m. Facility crew 5-8 p.m. VBS	28 8:00 a.m. Tai Chi 5-8 p.m. VBS	29 5-8 p.m. VBS	30 7:00 a.m. Men's Bible Study 9-10 a.m. Altar Guild

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Dated Material
June 2011

ADDRESS SERVICE REQUESTED

A WARM WELCOME TO ALL

- Worship Service: Sundays, 9:00 a.m. in the Sanctuary.
- Happy Birthday USA Picnic: July 3, on campus
- VBS: July 25-29, 5:00 p.m.-8:00 p.m.
- Annual Country Fair Picnic: August 21, following the Church service, on campus.

St. Luke's Mission Statement:

We are called as a community of Christians saved by grace
—through faith alone in Jesus Christ—
to spread the Holy Gospel in word, sacrament, and action
solī deo gloria.